

SAU 9 Wellness and Nutrition Committee

October 7, 2019

3-4:30 p.m.

The SAU 9 Wellness Committee promotes and supports the health and wellbeing of each and every student.

- We are proactive in identifying and promoting policies and best practices that support our mission related to student health.
- We are responsive to our community's emerging needs and trends that impact student health.
- We work to connect school and community resources for the benefit of student health.

Welcome:

1. Review Minutes from September 9, 2019-
2. SAU 9 Wellness Committee Policy and Standards
Discussion - review policy and standards and bring for final approval to the SAU 9 Board; October 7th agenda item; members will review the policy and standards and give input
3. Old Business:
Intelligent Lives Screening - Plan for Fall
 - Family Engagement Council update
 - Link to trailer: <https://intelligentlives.org/>
Suicide Prevention Month- NH Legislation and Training

Later Start Time for High School-

Local ACES group update-
- 4.. Review Goals:
 - a. Branding/Marketing - print marketing, (Jeanne created sticker cost would be \$90/240 stickers). Looking for possible funding source. Changes to the website in progress. OSW Venn diagram - work on defining areas of focus; access OSW for consultation; social media (Facebook)- Pam S. will inquire about policies r/t District committee Facebook use.
 - b. Increase Diversification of Membership - ongoing goal; needs targeted effort for next year; invite students and parents to join
5. Other Updates: Choose Love SEL curriculum <https://www.jesselewischooselove.org/>
6. Dates to Remember:

Next Meeting: November 4, 2019 3-4:30 KHS Mineral Springs Cafe